

Defining Lies

Categorized examples of secular lies

Secular lies

1. Lies about self

- A. perfection
- B. approval
- C. denial
- D. circumstances to be happy
- E. blame

2. Lies of the world

- A. we can have everything
- B. we are as good as our abilities
- C. life should be good and easy
- D. life should be fair
- E. instant gratification
- F. people are basically good

3. Lies in relationships

- A. blame someone else
- B. you must meet my needs
- C. you owe me
- D. you need to change

4. Distortion lies

- A. magnification – problems, circumstances and behavior may be exaggerated
- B. personalization – taking things personally
- C. polarization – black/white, all/nothing, great/awful, scum/saint.
- D. abstraction – history repeats itself etc.
- E. generalization – can not except the facts

5. Religion lies, these lies are the most resilient and harmful to spiritual wellbeing.

- A. must earn God's love
- B. God' hates the sin and sinner
- C. protection from suffering
- D. problems are caused by sin
- E. I have to meet the needs of all others (pastors)
- F. feelings are wrong; anger depression, anxious
- G. for God to use me I must be a spiritual giant

Biblical truth

Rom. 3:21-23
Col. 3:23-24
Phil. 3:13-14
Acts 20:22-24
Prov. 23:7

I John 2:15-17
Gal. 3:10-11
John 16:33
Ecc. 8:14
Gal. 6:7-8
Rom. 3:10-12 Gal. 5:19

Rom. 2:1
Phil. 4:19
I Peter 5:5b
Rom. 15:7

Rom. 5:8, Eph. 2:8-9
Rom. 5:8
I Pet. 4:12-13
John 9:1-3
I Cor. 12:27
John 11:33-35
II Cor. 12:9-10

Adapted from, The Lies We believe, Dr. Chris Thurman, Thomas Nelson Publishers
BJR