Spirit Walk	Flesh Walk
Relate to Jesus by faith John 7:37-38; Colossians 2:6	Rely on self and others Jeremiah 17:5-6
Trust in the character of God Proverbs 3:5-6; Jeremiah 24:7	See God in an inaccurate way Romans 1:25; 1 Corinthians 15:34
Praise and thank God Ephesians 5:18-19; Psalms; Hebrews 13:15	Pessimistic, discontent, and ungrateful Romans 1:21; James 4:14,16
Consideration and love for others Ephesians 5:21; Romans 12:10	Act envious, jealous, selfish 1 Corinthians 3:3; James 4:1-2
Request God's wisdom 1 Corinthians 2:10-13; James 1:5	Rely on own understanding Isaiah 55:8-9; 1 Corinthians 1:27; 3:18-20;
Believe my new identity 2 Corinthians 5:17; Colossians 3:10	Believe my old identity Ephesians 4:22; Colossians 3:9
Security in my relationship with God Romans 8:16; Galatians 4:7-8	Lack assurance of salvation 1 John 2-28-29; 1 John 4:17
Abide in God's love Romans 5:5; Ephesians 3:16-19; 1 John 3:1	Fear God's punishment 1 John 4:18; 1 John 2:28
Rest in God's acceptance Romans 15:7; Ephesians 1:4	Work for God's acceptance Galatians 2:16, 21; Galatians 5:1-6
Trust Christ to live through me Matthew 11:18-20; Hebrews 4:10	Strive to do good in my own strength Romans 7; Galatians 3:2-3; Colossians 2:20-23
Rely on the Holy Spirit to teach John 14:26; John 16:13	Rely on my own ability to learn John 5:38-40; 1 Corinthians 8:1-2
Acknowledge God's presence and activity in my daily life. 2 Corinthians 4:18; Hebrews 11:6	Do not recognize God's involvement in my daily life Romans 1:28; Hebrews 3:7-10
Base my worth on who Christ has made me to be Philippians 2:5-6; James 4:10; 1 Peter 5:6	Base worth on performance, appearance, and others' opinions Jeremiah 9:23-24; Romans 12:16; James 4:5-6