## Recognizing Depression

Depression is known by the fruit it produces. Analyzing the various accounts of depression in the Bible, we can create an amazing list of symptoms, and the list is not exhaustive. What this demonstrates is that the Bible presents an intimate knowledge of depression.

5. 6. 7.	Distractedness Sense of agitation Pressure Tension Stress Feelings of persecution	48. 49. 50. 51. 52.	Frequent of Palpitation Loss of ap Groaning Weight los Chest pain
δ.	Anguish		Sense of b
10	Fear of death		Grief stric
11.	Phobias Physical trembling		Sense of d
12.	Sense of doom	57.	Self-pity
13.	Physical trembling Sense of doom Desire to escape Withdrawal Worry Dread Fear of others	58.	Martyr con
14.	Withdrawal	59.	Sense of b
15.	Worry	60.	Isolated
16.	Dread	62.	Feelings o Sense of b Bitterness Suicidal
1/.	rear or others	63	Bitterness
10.	Sense of suffocating	64.	Suicidal
20.	Sense of hopelessness Crying	65.	Sense of e
21	Parched throat	66.	Faintness
$\tilde{2}\tilde{2}$ .	Sore eyes	67.	Tendency
23.	Sense of being ostracized		Sense of a
14	Heeling froubled	69.	Sense of b
25.	Insomnia Inability to be comforted Disturbed by thoughts of God Trouble speaking	70.	
26.	Inability to be comforted		Sense of d
27.	Disturbed by thoughts of God	72.	Sense of f
		73.	Anger
29. 30.	Feelings of nostalgia	75	Panic
31.	Deep sighing	76.	Numbness
32	Sense of being forsaken by God Immobilized	77.	Anxiety Panic Numbness Shame
<del>-3</del> 3.	Physical weakness	78.	Legalism
34.	Emotional weakness	79.	Gloom
35.	Emotional weakness Feeling like giving up Despair	80.	Terror
36.	Despair	81.	Haggard
31.	Sense of aloneness		Drawn
38.	Loneliness	`83.	Dejected

39. Feeling forsaken

45. Terror stricken46. A sense of rejection

42. Feeling unappreciated

43. Desires to bargain with God44. Sense of being abandoned

41. Insecure

47. Space-y

40. Afraid to leave a base of security

8. Frequent or profuse perspiration 9. Palpitations 0. Loss of appetite Groaning 2. Weight loss 3. Chest pains 4. Sense of being despised Grief stricken 6. Sense of discouragement 7. Self-pity 8. Martyr complex9. Sense of being overwhelmed by circumstances 0. Isolated 61. Feelings of not being cared for 32. Sense of being trapped 3. Bitterness 4. Suicidal 55. Sense of emptiness 66. Faintness 67. Tendency to dwell on the past 58. Sense of apathy 59. Sense of being crushed 70. Sense of deadness 71. Sense of desolation 72. Sense of futility 73. Anger 74. Anxiety 75. Panic 76. Numbness 77. Shame 78. Legalism 79. Gloom 80. Terror 81. Haggard 82. Drawn